

THE ASC FREEDOM SOCCER PROGRAM - U12

FREEDOM PHILOSOPHY: The ASC Freedom provides players with a positive environment in which they can learn and enjoy the game of soccer. Our parents, coaches, and players believe in the concept that fun and friendships are essential ingredients in the mix of instruction, training, conditioning and competition in order to give the players the best all-around environment for personal growth and for playing soccer. We believe it is important to teach the concept of athletic competition that emphasizes discipline, teamwork, creativity, good sportsmanship, smart decision-making, and a positive mental attitude. The value of such skills will go beyond the soccer field, and will help the players to develop as young adults.



OUR GOAL: We strive to promote a player-centered learning environment that is:



- **developmentally appropriate**
- encourages **self discovery** and **creativity**
- provides **positive feedback** and **encouragement**
- focuses on **long-term individual player development**

...and cultivates...

- **self confidence** and **motivation**
- increased **proficiency in the game**
- **excellence and success**



Schedule/Activities: The ASC Freedom play in the Washington Area Girls Soccer League (WAGS) in the Fall and Spring. During the Fall and Spring season the team will train 3 days a week, with one training to focus on foot skill development.

The first half of the summer the team will participate in futsal training, and they will play in the Indoor National Futsal Championship in July. During the winter the team will participate in a winter league and will train 2 days a week.

We play in 9 competitive tournaments throughout the year, with at least 2 of them out of the Washington DC area (in 2009/2010). We plan to play in:

July: Futsal National Championship (MD)

August: August Cup (MD)

September: OBGC Capital Cup (MD)

October: WAGS Tournament (MD/VA)

November: CASL Girls Shoot-out (NC)

December: Indoor Tournament TBD

March Arlington Invitational (VA)

March Jefferson Cup (Richmond, VA)

May : TBD later



COACHES: Head Coach: Cliff Samodurov, U.S. Soccer National C License

Assistant Coach: Falayi Adu, U.S. Soccer National Youth License, U.S. Soccer National C License

TRAINER: Michael Green, NSCAA National Diploma; NSCAA National Youth Diploma, Virginia ODP Staff Coach
Major League Soccer Cup Winner with Kansas City Wizards, 2000

PLEASE SEE REVERSE SIDE FOR FEE STRUCTURE & FUNDRAISING

ASC FREEDOM FEE STRUCTURE

Dues: You can choose any of the following plans.

- Quarterly Plan - \$425/quarter - Due June 1, Sept 1, Dec 1, Feb. 1
- Monthly Plan - \$425 June 1st, \$128 July - April
- Annual Plan - \$1,700 June 1st



Included in the dues are:

Outdoor League Play - WAGS Spring and Fall Seasons, includes VYSA fees.

Winter League Play - Winter League possibly two teams. Includes all indoor rentals fees.

Tournaments - Registration with professional coaching for the 9 tournaments in which the team participates. Five tournaments paid through sponsorship money.

Training/Practice Sessions - 3 sessions per week in the Spring and Fall with professional coaching. 2 Training sessions per week in the Winter. Pre-season training to prepare for season and tournaments: 11 sessions in August; 8 sessions in March.

Turf Field Rental - 10 Random sessions needed, usually due to weather (field closures). Pd w/ sponsorship money.

Futsal (Summer) Training - 7 training sessions to prepare for tournament.

Uniforms - Full Uniform Kit will be provided to each new player. (U11 Uniforms will be used again for the U12 year. Team training jersey will be provided to each player. Warm up tops will be provided to each player.

FUNDRAISING

To help offset program costs, the ASC Freedom Team rely heavily on the sponsorship program. Each player/family is encouraged to seek sponsorship for our team. A program has been designed so that a portion of the sponsorship money attained is used to off set the players regular fees, but the real value is the additional tournaments and benefits for the team.

The team has a discount card sales program. Cards sold to other teams goes directly into team general fund. Personal sales go to the team, and will offset a player's regular dues/fees.

Other fundraisers we have held include: concession stands, raffles, script program, or other fundraising opportunities.

ADDITIONAL COSTS

The fee structure outlined above does not include all the costs associated with being on the ASC Freedom for a typical season. Listed below are examples of costs that you may have to pay extra for: (in the past our sponsorship money has covered most if not all of these costs.

- Warm-ups and soccer bags
- Additional training sessions.
- Tournament Travel: this can get expensive, particularly if you want to take your whole family along. Our families approach this in a variety of ways. Some families attend all of the tournaments, while others will attend a few and send their daughters along with another family for the others. Some families will get their own rooms while other might share. No matter your circumstance, you can generally find a way to minimize your costs. Travel lodging and food costs are the responsibility of each individual family. In the past we have done specific fundraisers to cover cost of hotels or cost of travel. This is always communicated to all families before the specific fund raiser.